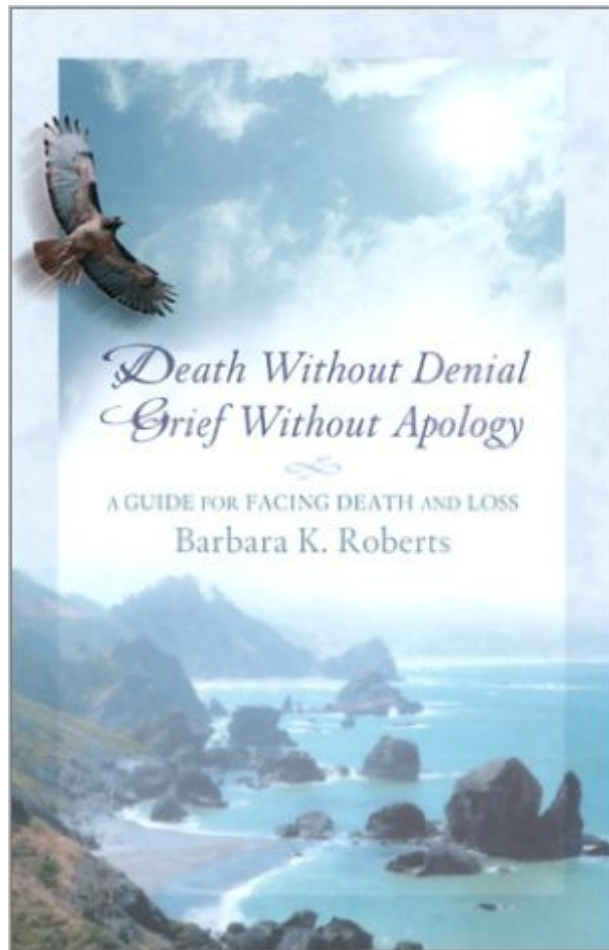


The book was found

# Death Without Denial, Grief Without Apology: A Guide For Facing Death And Loss



## Synopsis

When former Oregon Governor Barbara Roberts' husband, Frank Roberts, was dying from lung cancer, she had to look inside of herself as well as beyond herself to find ways to survive what felt unbearable. What Barbara Roberts learned during the final year of her husband's life, and her subsequent years of grieving, fill the pages of this honest and inspiring new book. At the time of Frank's cancer recurrence, Barbara was governor of Oregon, and Frank was an Oregon State Senator; both passionately committed to their work and to one another. Together they had faced many challenges, but Frank's impending death would be their final, and perhaps their most trying and enriching journey. The Roberts turned to hospice for guidance and assistance once Frank decided to stop medical intervention. This practical and compassionate guide looks at the personal as well as the societal issues surrounding death and grief. Written for both the individual facing death and for those who must grieve after a death, Roberts offers readers enthusiastic support to abandon the silence that too often accompanies impending death and those who must grieve. Chapter titles include "A Culture in Denial," "Hospice," and "Permission to be Weird."

## Book Information

Paperback: 132 pages

Publisher: NewSage Press (February 25, 2002)

Language: English

ISBN-10: 0939165430

ISBN-13: 978-0939165438

Product Dimensions: 5.6 x 0.5 x 8.4 inches

Shipping Weight: 8 ounces

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #1,224,651 in Books (See Top 100 in Books) #26 in [Books > Law > Health & Medical Law > Right to Die](#) #27 in [Books > Law > Estate Planning > Living Wills](#) #1082 in [Books > Politics & Social Sciences > Sociology > Death](#)

## Customer Reviews

In this moving, candid, and personal story, former Oregon governor Barbara Roberts talks about the year long process of losing her husband, and the much longer process of grieving after his death. The book begins in December, 1993 in the Governor's Mansion in Salem, OR, as a grieving Governor Roberts comes home at night to hug the urn with her husband's ashes, kiss his photograph, and tell him how her day went. Although Roberts acknowledges that some might find

this kind of grieving 'not appropriate' 'weird' or 'crazy' , she emphasizes that whatever form of grieving brings the most comfort to the suffering is the best kind. She also says of the grieving process 'it will take as long as it takes.' Four years after surviving prostate cancer, State Senator Frank Roberts was diagnosed with terminal lung cancer in October, 1992. He and Barbara were both astonished when his doctor then suggested chemotherapy. The couple quickly rejected the suggestion, and instead turned to Hospice. Throughout the book, Roberts praises Hospice and their outstanding care for her husband and support for his family. She describes how Hospice was there for them right up until Frank's death on Halloween 1993, three weeks after a stroke had taken away his ability to speak. For Roberts, as for others, the grieving process was a long and sometimes painful journey. The memories of her husband, triggered by anything from a sunset to his personal belongings, would bring back a flood of memories that caused sadness and loneliness. Gradually, though, the memories turned to feelings of warmth, as she could celebrate Frank's life and accept his loss. Senator Frank Roberts was an early sponsor of the 'Death with Dignity Act' that Oregon voters voted into law a year after his death.

[Download to continue reading...](#)

Death Without Denial, Grief Without Apology: A Guide for Facing Death and Loss The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Grief: Overcome The Loss of A Friend or Family Member - Death, Bereavement, Family Loss & Depression (Mourning, Pain Relief, Loss, Emotional Pain, Funeral, Sympathy, Hospice Care Book 1) Wes' Denial: Tease and Denial Book Two Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) The Trial and Death of Socrates: Euthyphro, Apology, Crito, death scene from Phaedo (Hackett Classics) Coping with the loss of a dog: How to deal with the death of your friend (Dealing with the grief of pet death Book 1) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds, Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose,

Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief) How To Lose Weight Without Diet and Exercise: How To Lose Weight Without Moving: Rapid Weight Loss: The Lazy Person's Guide For Weight Loss The Denial of Death The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Sollutions) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) 4 Texts on Socrates: Plato's Euthyphro, Apology of Socrates, Crito and Aristophanes' Clouds, Revised Edition Making Love Again: Hope for Couples Facing Loss of Sexual Intimacy

[Dmca](#)